

# Out in the Hills Participation Form

Please complete all shaded boxes and return to Out in the Hills at least 7 days prior to your event.

<b>Booking Number:</b>	
<b>Event date:</b>	
<b>Event details:</b>	
<b>Name:</b>	
<b>Home address:</b>	
<b>Date of birth:</b>	
<b>Email:</b>	
<b>Contact phone:</b>	
<b>Emergency contact name and phone:</b>	
<b>Accommodation details locally, if applicable:</b>	
<b>Any medical conditions, allergies or significant disabilities:</b>	
<b>Declaration:</b> I am physically fit for the event I have chosen; I appreciate that the activity may be hazardous by its nature and I accept a certain element of risk; I agree to abide by such instruction as Out in the Hills may consider advisable; I agree to pay any balance due on or before the event date; I agree to the current terms and conditions found at <a href="http://outinthehills.co.uk/8.html">http://outinthehills.co.uk/8.html</a> ; I am aware what I need to bring and what is provided, as at <a href="http://outinthehills.co.uk/8.html">http://outinthehills.co.uk/8.html</a> ; <b>Under 18</b> (If signing as a parent/guardian) I agree to my child taking part in the activity specified and I have declared any medical conditions that might be relevant.	
<b>Sign or print here (parent or guardian to sign if under 18):</b>	
<b>Date:</b>	

We strongly advise individuals to take out appropriate cancellation, curtailment & accident insurance.